




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>August is</i> Catfish Month Peach Month Family Meal Month</p>	<p><i>Kiwi Month</i> National Toddler Month Back To School Month</p>		 1 Slice an apple, count the number of apple seeds.	 2 Craft Activity Smell Collage	<p>3</p> <p>Have a relay race.</p>	 4 National Mustard Day
5	6 Taste different mustards, such as yellow, honey or dijon mustard with stick pretzels.	7 Food Activity Shake 'Em Up Orange Bars	 8 Play hopscotch.	9 Go outside and find things that are smooth, rough, prickly, hard, soft and wet.	 10 Group Activity Shadow Games and Tricks	11
12	13 Sit in a circle and say something nice about the person next to you.	14 Check out the clouds. Describe the shapes you see.	 15 Craft Activity Snack Bag	16 Paint the driveway with shapes using water for paint!	17 Laugh! What do you get when 2 peas fight? Black eyed peas!	18  Vegetable Buys Beans • Corn Peas • Brussel Sprouts Squash
 19 Fruit Buys Apples • Bananas Blueberries • Oranges Squash	20  Group Activity Sense Train	 21 Section an orange, count the number of sections.	22 Set up a lemonade stand.	 23 State Fair Starts Today	24 Eat a food on a stick, such as corn dog, fruit kebob or homemade chicken nuggets.	25
26	27 Make a creditable freezer sandwich, by placing banana slices between two chocolate graham crackers. Individually wrap and freeze.	28	 29 Food Activity Fruit Jigglers	30 Read about the state bird, the Loon.	31 <p>July Claim due at PCI office by noon Submit by 8/02/12, payment around 8/10/12 Submit by 8/09/12, payment around 8/17/12 Submit by 8/16/12, payment around 8/24/12 Submit by 8/23/12, payment around 8/31/12 Submit by 8/30/12, payment around 9/07/12</p>	

Group Activity: Sense Train

The children will be exposed to the different senses by assembling a train with one car for each of the five senses.

Materials needed:

5 boxes of similar dimensions
marking pens
construction paper
items for the boxes

Gather the five boxes together. Attach paper wheels, paper chains between the cars and a smokestack to the first car to form an engine. Label each car and supply appropriate items for each box. Explore each box and talk about each sense.

Touch - sandpaper, chalk, fabric scraps, facial tissue, cotton balls, toothbrush. What is smooth, what is rough?

Taste - raw carrots, grapes, bananas, lemon slice, pickle, cheese cubes. What is sweet, what is sour?

Smell - perfume, spices, scratch and smell stickers, soap. What smells sweet, what smells strong?

Sight - colored pieces of paper, toy kaleidoscope, sunglasses. Examine each item, then have the children close their eyes and remove one item. Can they "see" and find what is missing?

Sound - whistles, bells, wood blocks, CD player with various sounds, music. Experience a sound, then try to imitate the sound verbally!.

Food Activity: Shake 'Em Up Orange Bars

The children can make this snack and practice counting at the same time.

Ingredients needed:

2 eggs	1/2 c. oil
1/2 c. sugar	1 c. enriched flour
1/2 c. orange juice	1/2 tsp. salt
1 1/2 tsp. baking powder	

August Activities

Preheat oven to 375 degrees. Use a tightly sealed plastic quart container. Place ingredients in quart container in the following order and shake the number of times listed:

eggs - 10 times
oil and sugar - 30 times
orange juice - 5 times
flour, baking powder and salt - 40 times

Put in greased in greased 9" x 13" pan and bake for 20 minutes. Cool and serve. Yield: 16 servings. One bar is a grain/bread serving at snack for 3-5 year old.

Craft Activity: Snack Bags

What kind of wrapper would you design if you were selling snacks at the fair? Decorate your own snack bag and enjoy a snack.

Materials needed:

lunch size paper bags
markers or crayons

Fill your decorated bags with small crackers and pretzels. Serve with 100% juice for a creditable snack.

Food Activity: Fruit Jigglers

A fun fruit serving!

Ingredients needed:

4 (3 oz. pkgs.) strawberry gelatin
2 1/2 c. boiling apple juice
2 1/2 c. sliced strawberries

Dissolve gelatin in boiling apple juice. Puree strawberries in blender and add to gelatin mixture.

Whip briefly with egg beater. Pour into 9 x 13 inch pan. Chill for almost 3 hours. Cut into squares or use cookie cutters to make fun shapes. Yield: 10 servings, Serving Size: One serving is (1/2 cup) fruit for 3 - 5 year old

Credit: Montana CACFP Master Menu Volume 3

Craft Activity: Smell Collage

Each spice has a different color, texture and distinct aroma. Try this spice collage.

Materials needed:

glue	water
paintbrush	9"x 9" paper
spices (paprika, curry, cloves, nutmeg, cinnamon)	

Divide the paper into squares by add two vertical and two horizontal lines. Brush diluted glue into one of the 9 sections on the piece of paper. Sprinkle one spice on the paper and shake off the excess. Repeat this procedure with other squares using different spices one at a time. When dry, glue on a frame of cinnamon sticks and/or whole cloves. Let dry and check out the smells.

Group Activity: Shadow Games and Tricks

Materials needed:

sunny day

Have each child stand in the sun and find their shadow. Try the following:

- Make the biggest and the smallest shadow you can.
- Does your shadow move when you move?
- Can you hide your shadow?
- Can you shake hands with your shadow?
- As a group, see if the children can make a shadow with two heads, three legs and five arms.
- Make the shadows appear as if each person is standing on another's arm.