

Fantastic Frogs and Leaping Lizards

Learning and laughter connect in this curriculum based on frogs and lizards. These active amphibians will get your kids to jump into science, math, poetry, art, and nutrition.

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Story Time

Spread out a blue blanket and invite the kids to join you in the cool of the pond as you wade through these wonderful books.

Lizards, Frogs and Polliwogs

By Douglas Florian

You're sure to enjoy this collection of comical poems that delightfully describe a marvelous menagerie of active amphibians.



Frogs

By Gail Gibbons

Young children will learn and understand basic science facts about frogs including their life cycle and habitat.

Frog and Toad are Friends

By Arnold Lobel

Your frog curriculum could not be complete without reading this classic story of genuine friendship.

Leaping Lizards (Math-Start 1)

Author: Stuart Murphy

Illustrator: JoAnn Adinolfi

Count along as colorful lizards arrive in every sort of transportation.



The Wide Mouthed Frog: A Pop-Up Book

By Keith Faulkner and Jonathan Lambert

A curious frog that questions his friends about what they like to eat is in for a big surprise when he asks the alligator.

Craft Time

Funny Frogs

Supplies:

- Paper plates
- Green crayons
- Green construction paper
- Scissors (adult use only)
- Heavy white paper
- Black marker
- Glue or tape



Directions:

- Have the children use green crayons to color their paper plate. When they are finished coloring, fold the plate in half.
- Using glue or tape, kids can attach green frog legs that an adult has pre-cut.
- Finish off your happy and hoppy friend by gluing two white paper circle eyes at the top of the fold.

Credit: Debi Luke

Circle Time

Hopping Frogs

Sung to the tune of "Muffin Man"

Oh look, I see some hopping frogs
Some hopping frogs, some hopping frogs
Oh look I see some hopping frogs,
Hopping around the pond!

Credit: The Mailbox



"Croak," said the Frog

A fun froggy chant that you can act out.

"Croak, said the frog. (Croak)

With his golden eyes (Make circles with hands around your eyes)

Sitting on a lily pad (Put arms out in front of you in a circle to make a lily pad)

Catching flies (Stick tongue out)

I have a sticky tongue as fast as can be
(Move tongue fast)

I can mosquitoes, 1-2-3! (Hold up three fingers)



Credit: Month-by-Month Preschool Almanac
by Annie Stiefel

Leaping Lizard Countdown

A fun froggy chant that you can act out.

One, two, my belly's blue (rub tummy)

Three, four, I catch bug galore (stick out tongue)

Five six, I run on sticks (make running motion with fingers)

Seven, eight, my tail is straight (Place hands behind back with fingers touching)

Nine, ten, now my countdown ends

1,2,3,4,5,6,7,8,9,10 (count on fingers)

Leaping Lizards! (Jump)



Credit: The Mailbox

Little Frog

A Fingerplay

A little frog in a pond am I (make a fist to represent the frog)

Hoppity, hoppity, hop (bounce wrist up and down)

And I can jump in the air so high (raise fist overhead)

Hippity, hippity, hop (bounce wrist up and down)



Credit: Too many Rabbits and Other Fingerplays, by
Kay Cooper

Snack Time

Bugs on a Log

This traditional treat for kids is also a frog's favorite feast!

Ingredients:

- Celery
- Peanut Butter
- Raisins

Directions:

- Wash, trim, and dry celery ribs.
- Fill the center of each celery rib with peanut butter.
- Set raisins (bugs) on top of the peanut butter.



Crediting Information: Counts as a (0.5 oz.) serving of meat at snack for a 3 - 5 year old. Note: The celery contributes to the vegetable serving but an additional fruit/vegetable/juice must be served to insure the (1/2 cup) portion size is met.

For more great recipes check out the [What's Cooking](#) area of our site.

FOOD PROGRAM TIP
The CACFP recommends letting children's internal signals of hunger and fullness determine how much or little they eat from the foods offered at the meal.

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