

# INFANT FORMULA / BREAST MILK

Providers are required to offer at least one type of iron fortified infant formula.

- If the parents choose to bring a different type of formula, a Parent Supplying Infant Formula form is required.
- All formula (provided by the provider or parent) must be a creditable, FDA approved, iron fortified infant formula (or a Special Diet Statement must be on file for any exempt formulas).

*Providers Choice does not provide a list of approved iron-fortified infant formulas. Please contact the office or your field representative if you have any questions about creditable infant formula.*

*Examples of exempt formulas requiring a Special Diet Statement:*

- Enfamil Nutramigen
- Similac Alimentum
- Similac NeoSure
- Elecare

**Remember!**  
**Infants cannot be excluded from the Food Program!**

## Parent supplied component:

Parents may supply one creditable item to the meal pattern as long as the provider serves it. This includes formula and breastmilk. Meals consisting only of parent-supplied infant formula or breast milk are eligible for reimbursement as long as the provider serves it to the infant.

The USDA is an equal opportunity provider and employer.

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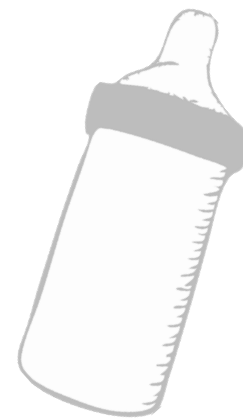


## BREAST MILK

### Storage:

- Accept only bottles of breast milk that are labeled with the child's name. Do not accept unlabeled bottles.
- Refrigerate bottles immediately when a child arrives and until ready to use. Do not allow bottles of breast milk to stand at room temperature.
- **Do not save and reuse breast milk left over from bottles.**

Refrigerated Breastmilk 40° Fahrenheit or below	Use within <b>72 hours</b> of being collected
Frozen Breastmilk 0° Fahrenheit or below	Store up to 3 months frozen Once thawed, refrigerate and use within 24 hours. Do not refreeze.



### Warming Breastmilk

- Wash your hands
- Warm only enough breastmilk as you think baby will drink.
- Warm breastmilk by using a bottle warmer or place bottle in a bowl of warm water. **DO NOT MICROWAVE.**
- Swirl the bottle of breastmilk before feeding to mix separated milk.
- Feed breastmilk immediately after warming.
- After a feeding, throw out any unused breastmilk left in a bottle.

*Source: Feeding Infants: A Guide for Use in the Child Nutrition Programs*

