

## Creditable and Non-Creditable Grain Foods

Effective October 1<sup>st</sup>, 2017, grain-based desserts are no longer creditable on the Child and Adult Care Food Program. Non-creditable grain-based desserts cannot be credited toward a reimbursable meal, but may be served as extras for special occasions.

Grain foods must list whole grain or enriched as the **FIRST** ingredient on the nutrition label. **One menu item per day must be whole grain-rich.** For more information on whole-grain rich, please contact Providers Choice.

 <b>Creditable Foods</b> <i>(must be enriched or whole grain as the first ingredient)</i>	 <b>Non-Creditable Foods</b>
<ul style="list-style-type: none"> <li>Animal Crackers</li> <li>Bagels</li> <li>Banana Bread (or other fruit/vegetable breads)</li> <li>Barley</li> <li>Biscuits</li> <li>Bread</li> <li>Breadsticks</li> <li>Bulgur</li> <li>Buns/ Rolls</li> <li>Cornbread/ Corn muffins</li> <li>Croissants</li> <li>Crackers (savory snack crackers, cheese, plain)</li> <li>English Muffins</li> <li>French Toast (slices or sticks)</li> <li>Granola</li> <li>Graham Crackers (all shapes)</li> <li>Grits</li> <li>Muffins/ Quick Breads</li> <li>Oatmeal *</li> <li>Pancakes (homemade or frozen)</li> <li>Pasta/ Macaroni/ Noodles (all shapes)</li> <li>Pita Bread</li> <li>Pizza Crust</li> <li>Popcorn</li> <li>Pretzels</li> <li>Quinoa</li> <li>Ready to Eat Cereal *</li> <li>Rice (white, brown, wild)</li> <li>Tortillas</li> <li>Waffles (homemade or frozen)</li> <li>Whole Grain Tortilla Chips</li> </ul>	<ul style="list-style-type: none"> <li>Breakfast Bars</li> <li>Brownies</li> <li>Cake (all varieties, frosted or unfrosted)</li> <li>Cereal Bars</li> <li>Cinnamon Rolls/ Carmel Rolls</li> <li>Cobbler/ Fruit Crisp</li> <li>Cookies (all kinds)</li> <li>Cupcakes</li> <li>Doughnuts</li> <li>Fig Bars</li> <li>Fruit Turnover</li> <li>Grain &amp; Fruit Bars</li> <li>Granola Bars (all kinds)</li> <li>Pastries</li> <li>Pop Tarts</li> <li>Potato/ Vegetable Chips (including puffs &amp; straws)</li> <li>Sweet Rolls/ Sticky Buns</li> <li>Toaster Strudel</li> <li>Tortilla Chips (flavored or non-whole grain)</li> <li>Vanilla/ Chocolate Wafers</li> </ul> <p>Oatmeal, Granola &amp; Ready to Eat Cereals that exceed 6 grams of sugar per dry ounce.</p>

\* Ready to Eat Cereals, Oatmeal and Granola must contain no more than 6 grams of sugar per dry ounce  
 Contact Providers Choice with questions.

